William B. Umstead State Park

(984) 867-8240 | ncparks.gov/wium

NORTH CAROLINA STATE PARKS — Naturally Wonderful

08/26

Raleigh- Durham International Airport

Crabtree Creek Entrance
8801 Glenwood Ave.
Raleigh, NC 27617

U.S. 70 Entrance Gate

70

Umstead Parkway

Campground Spur Trail

Sal's Branch Trail

Visitor Center

Oak Rock Trail

Maintenance Rd.

To Raleigh Rex Hospital 6 miles

BIG LAKE

Maple Hill Lodge

Youth Tent Camp

Graylyn Dr.

Graylyn Gate

Ebenezer Church Rd.

Sycamore Rd.

Sycamore Trail

Pott's Branch Trail

Camp Crabtree

Group Camp Rd.

SYCAMORE LAKE

Camp Lapihio

Mid-gate

N. Turkey Creek M.U.T.

Graylyn M.U.T.

Sycamore Trail

Sendero Gate

SYCAMORE CREEK

TURKEY CREEK

Reedy Creek M.U.T.

Company Mill Spur Trail

Cedar Ridge M.U.T.

Company Mill Trail

Millstone

Old Reedy Creek Rd.

Old Reedy Creek Road Entrance Gate

Ebenezer Church Road Bridge Gate

CRABTREE CREEK

Inspiration Trail

Reedy Creek Lake M.U.T.

Reedy Creek Entrance
2100 N. Harrison Ave.
Cary, NC 27513

Reedy Creek Maintenance Gate

REEDY CREEK LAKE

Reedy Creek Parkway

S. Turkey Creek M.U.T.

40

EXIT 287

Harrison Avenue Entrance Gate

Loblolly Trail

State Maintained Trail Ends.

To Schenck Forest

Trenton Road Gate

REEDY CREEK

Trenton Rd.

Reedy Creek Rd.

N

0 2,000 4,000 feet

To Raleigh Rex Hospital 5 miles

Facility Legend

- Hiking Trail
- Biking Trail
- Bridle Trail
- Tent/Trailer Camping
- Group Cabins
- Youth Camping
- Primitive Lodge
- Accessible
- Hospital
- No Swimming
- Park Boundary
- Park Gate
- Parking Area
- Picnic Area
- Picnic Shelter
- Point of Interest
- Potable/Drinking Water
- Powerline
- Restrooms
- Roads
  - Gravel
  - Paved
- Visitor Center

Trail Information

Trail	*Distance*	*Difficulty*	*Blaze*
Multiuse Trails *(M.U.T.)* -Cedar Ridge -Graylyn -N. Turkey Creek -S. Turkey Creek -Reedy Creek -Reedy Creek Lake	13.0 miles	moderate	red
Campground Spur Trail	0.2 mile	easy	white
Company Mill Trail	5.8 miles	moderate	orange
Company Mill Spur Trail	0.1 mile	easy	white
Inspiration Trail	0.4 mile	easy	blue
Loblolly Trail*	5.4 miles*	moderate	blue
Oak Rock Trail	0.6 mile	easy	white
Pott's Branch Trail	1.3 miles	easy	orange
Sal's Branch Trail	2.8 miles	moderate	orange
Sycamore Trail	7.2 miles	moderate	blue

**Loblolly Trail is an out-and-back trail. The round-trip distance to the park boundary and back is 5.4 miles.*