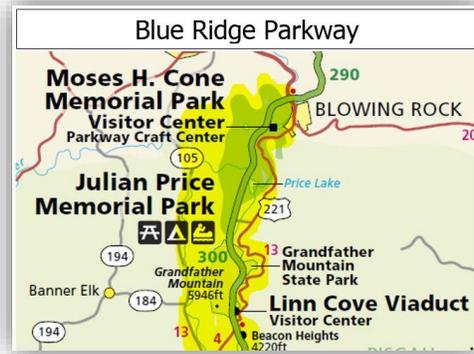


## 100 Mile Challenge at Grandfather Mountain State Park

The following trails offer great hiking for the 100 Mile Challenge. Hikers may log miles for any trails on/near Grandfather Mountain. This includes trails at Moses Cone Manor and Price Lake; south along the Blue Ridge Parkway to Beacon Heights; and Grandfather Mountain trails along Hwy 105 and Hwy 221.



- **Grandfather Mountain State Park Trails** (Blue Ridge Parkway – MP 299.9; Hwy 105 S - <https://goo.gl/dBX99s> )
- **Tanawha Trail** (Blue Ridge Parkway – 13.5 miles from Julian Price Park to Beacon Heights (MP 305.2)) <http://www.virtualblueridge.com/parkway-place/tanawha-trail/>
- **Beacon Heights** (Blue Ridge Parkway – MP 305.2) <http://blueridgencguide.com/2011/01/31/hiking-trail-beacon-heights-linville/>
- **Mountains to Sea Trail** (Boone Fork Parking Area to Holloway Mountain Road) <http://www.ncmst.org/the-trail/mst-day-hikes/sections13-17/day-hikes-blue-ridge-parkway-north/13-17-dayhike-2/>
- **Rough Ridge** (Blue Ridge Parkway – MP 302.8) <http://www.exploreboone.com/outdoors/hiking/rough-ridge/>
- **Price Lake Trail** (Blue Ridge Parkway – MP 297.2) <http://www.exploreboone.com/outdoors/hiking/price-lake-trail/>
- **Moses Cone Manor Carriage Trails** (Blue Ridge Parkway – MP 294) <http://www.blueridgeparkway.org/v.php?pg=109>
- **North Carolina Hiking Trails** along the Blue Ridge Parkway (Look for MP 294-305) <http://www.blueridgeparkway.org/v.php?pg=61>

If the Blue Ridge Parkway is closed, most of these trails are not accessible. If the weather is questionable, check for parkway closures at <http://www.nps.gov/maps/blri/road-closures/>. (Click Blowing Rock/Moses Cone/Price Park in the left-side menu)

For our park and the Tanawha Trail at the park, you can park at the Asutsi Trail on Hwy 221 - **Asutsi Trail Parking (If the parkway is closed)**: GPS: 36.116354, -81.777297 (Google Map: <http://goo.gl/78hy8x>). Beacon Heights parking can be accessed when the parkway is closed; located on the parkway near the Milepost 305 access ramp.



# Blue Ridge Parkway

