**To survive humans need**

**food, water, and shelter.**

* **FOOD**
* **WATER**
* **FIRE**
* **KNIFE**
* **FLASH LIGHT**
* **EXTRA CLOTHING**
* **RAIN JACKET**
* **FIRST AID**
* **MAP & COMPASS**
* **WHISTLE**

**If you get lost,**

**stay where you are.**

**HUG A TREE**

ROCK

CHIMNEY

**TEN**

**ESSENTIALS**

**BACKPACK**

**NORTH CAROLINA**

**STATE PARKS**